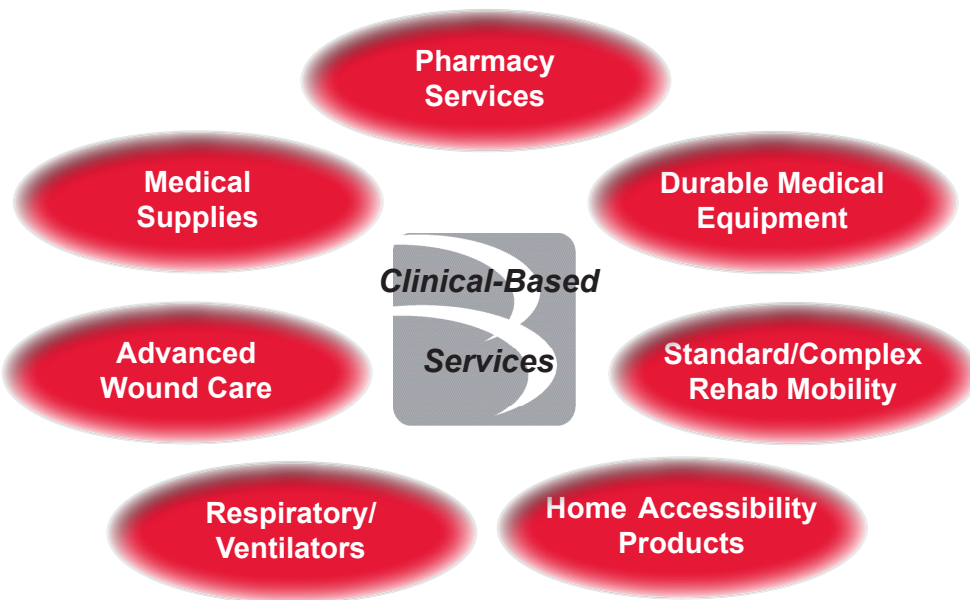


BLACKBURN'S OFFERS COMPREHENSIVE HOME HEALTHCARE PRODUCTS AND SERVICES



Direct Billing to Most Major Insurances
Direct Delivery & Shipping

Our Locations

PITTSBURGH
 Corporate Headquarters:
 301 Corbet Street
 Tarentum, PA 15084
800-472-2440
 724-224-9124 (fax)

ERIE
 Regional Office:
 308 East Sixth Street
 Erie, PA 16507
800-328-9325
 814-454-2706 (fax)

BUFFALO, NY
 Regional Office:
 3240 Union Road
 Cheektowaga, NY 14227
877-472-0192
 716-688-9193 (fax)

www.**blackburnsmed**.com

Serving Regions of Pennsylvania, Ohio, New York and West Virginia

Helping People Live Life Better!



YOUR GUIDE TO SUCCESSFUL TRAVEL WITH OXYGEN



an educational resource for our oxygen clients

GUIDE TO SUCCESSFUL TRAVEL WITH OXYGEN

At BLACKBURN'S, we want our respiratory clients to experience smooth travels with their oxygen equipment. In order to ensure successful travel with oxygen, we ask that you provide at least **two weeks notice** to our respiratory department prior to your departure date.

With sufficient notice, we are able to provide the most appropriate type of travel oxygen for your mode of transportation, and we're able to arrange for an emergency oxygen provider at your destination to ensure continual service should you need it. Without sufficient notice, you may incur additional, unnecessary costs during your travels.

BLACKBURN'S offers:

- Portable Oxygen Concentrator (POC). *Prior to the use of a POC, the patients must be evaluated and determine if their insurance will cover the POC.*
- 3 liter per minute travel POC. *Not all patients can use a 3 liter per minute POC.*
- Extra Portable Cylinders.

NOTE: Each of these options requires at least two weeks notice prior to your departure date.

Please call our respiratory department at:

 **BLACKBURN'S**
800-472-2440

TRAVELLING BY TRAIN

Proper notification must be given to the local terminal prior to departure by train. You will need to verify that you are able to take your portable oxygen concentrator (POC) on board. Inquire about proper documentation for train travel with oxygen.



AMTRAK may require at least 12 hours notice for oxygen use during travel.

BLACKBURN'S currently offers the POC systems for rent during train travel.

In order to use a POC, there are steps to follow:

- 1.** Confirm that the train accepts the POC and obtain any paperwork that must be completed in advance or at the train station upon departure.
- 2.** You must be evaluated by one of our respiratory therapists to ensure that your oxygen levels are above 90% while using a POC. Therefore, a prescription from your physician stating a request for an "evaluation while on the POC" must be sent to BLACKBURN'S Respiratory Division.

NOTE: Please have your physician send the prescription request to BLACKBURN'S at least two weeks prior to your departure date to allow enough time for a complete assessment by a respiratory therapist and proper instruction on use of the unit.

- 3.** Once the evaluation is complete, we will send the results to your physician, who will instruct on liter flow and sign a final prescription for use of the system.

Payment must be made in full prior to rental of the POC system.

The patient is responsible for any damage to the oxygen equipment during travel.

The patient is responsible for obtaining and presenting any necessary forms for train travel.

Ask your travel agent for assistance.

TRAVELLING BY SHIP

Verify with your cruise line that oxygen is permissible. Determine in advance any requirements or restrictions they may have.

BLACKBURN'S may be able to provide oxygen for your cruise using a rented 3 liter per minute concentrator, portable oxygen concentrator (POC) or cylinders.



In order to use a POC, there are several steps to follow:

1. Confirm that the cruise line accepts the POC and obtain any paperwork that must be completed by you and/or your physician in advance.
2. Obtain any necessary paperwork that your physician must complete. (NOTE: Not all insurances will cover a portable oxygen concentrator)
3. You must be evaluated by one of our respiratory therapists to ensure that your oxygen levels remain above 90% while using the Inogen One. Therefore, a prescription from your physician stating a request for an "evaluation while on the POC" must be sent to BLACKBURN'S Respiratory Division.

NOTE: Please have your physician send the prescription request to BLACKBURN'S at least two weeks prior to your departure date to allow enough time for a complete assessment by a respiratory therapist and proper instruction on use of the unit.

4. Once the evaluation is complete, we will send the results to your physician, who will instruct on liter flow and sign a final prescription for use of the system.

BLACKBURN'S offers the POC systems as a rental for cruise ship travel.

Payment must be made in full prior to rental of the POC system. The patient is responsible for any damage to the oxygen equipment during travel.

The patient is responsible for obtaining and presenting any necessary forms for cruise ship travel.

Getting to the cruise ship may require separate travelling arrangements. Ask your travel agent for assistance.

TRAVELLING BY MOTOR VEHICLE

Avoid leaving oxygen cylinders in the hot sun with no air circulation. Crack the windows of your vehicle to allow proper air flow.



DO NOT SMOKE with the oxygen in your vehicle.

Secure the cylinder and/or concentrator in the seat behind you or beside you. Securing it with a seat belt is best.

Place extra cylinders on the floor of your vehicle. DO NOT lock cylinders in your trunk.

Ensure you have allowed yourself enough cylinders for your length of travel. Be sure to allot extra time for delays due to construction, accidents and unplanned obstacles along the way!

Travelling successfully with oxygen requires advance planning. Plan early and your trip can be trouble-free!

TRAVELLING BY PLANE

Any patient travelling by plane **MUST** give sufficient notice to both BLACKBURN'S and the airline. Airlines usually require 48 to 72 hours advance notice. At BLACKBURN'S, we require at least **two weeks notice** prior to your departure date.

Verify that the airline either provides oxygen for you to purchase during your flight or permits you to bring a portable oxygen concentrator (POC) on board. Most airline carriers now require the patient to make their own arrangements for the use of oxygen in flight. However, the airlines do not provide oxygen for use in the airport terminals.

BLACKBURN'S currently offers POC systems that are approved for use by most airline carriers, for use/rent.

In order to use a POC, there are several steps to follow:

1. Ensure that the airline accepts the use of a POC and determine what forms must be completed for its use.
2. Obtain certain paperwork from your physician, including:
 - a. A travelling oxygen prescription stating that you need oxygen, at what liter flow and the duration. This must be signed and dated by your physician and should be carried with you at all times during travel.
 - b. Obtain the specific paperwork for the airline stating your ability to fly with the POC, the liter flow during flight, the specific times the oxygen is needed during travel (during take off, landing, or all the time), and that you are able to see and hear alarms.
 - c. Some airlines have their own specific forms that must be completed by your physician. These forms are available on the airlines' websites.



You must be evaluated by one of our respiratory therapists to ensure that your oxygen levels remain above 90% while using a POC. Therefore, a prescription from your physician, stating a request for an "evaluation while on the POC" must be sent to BLACKBURN'S respiratory department.

NOTE: Please have your physician send the prescription request to BLACKBURN'S at least **two weeks prior** to your departure date to allow enough time for a complete assessment by a respiratory therapist and proper instruction on use of the unit.

Once the evaluation is complete, we will send the results to your physician, who will instruct on liter flow and sign a final prescription for use of the system.

Payment must be made in full prior to rental of the POC system.

The patient is responsible for any damage to the oxygen equipment during travel.

The patient is responsible for obtaining and presenting any necessary forms for air travel.

Ask your travel agent for assistance.

Travelling successfully with oxygen requires advance planning. Plan early and your trip can be trouble-free!